Reflective Practice

Introduction

Reflecting critically on our teaching is an important way to maintain ongoing growth and development as a teacher. The links below provide both introductory and advanced materials on reflective practice, including definitions and examples, a tutorial, several approaches to becoming a more reflective practitioner, and tools for reflective practice.

General Resources


Are You a Reflective Practitioner? Contemplation for Growth, Center for Teaching and Learning, Minnesota State Colleges and Universities.
An interactive tutorial designed to help you develop your skills as a reflective practitioner. Readings, activities, reflective questions, and links to relevant resources.
http://status.mnscu.edu/ [2]

This article explores numerous forms of reflective practice in higher education and defines three levels of reflectiveness with examples of each.

The Critical Incident Questionnaire: Brookfield’s Questions.
A copy of Brookfield’s 5 questions to students that provide the feedback critical to reflective teaching. This link also includes several articles on using and interpreting the questionnaire, plus examples from actual classrooms.

Reflective Practice.
This journal, published four times a year, focuses on issues and practices in reflective teaching and learning in the classroom, workplace, and professions. 
http://www.tandfonline.com/toc/crep20/current

Teaching, Learning, and Everything Else: Conversations about teaching in higher education (Xavier University of Louisiana, Center for the Advancement of Teaching, CAT). A podcast ongoing series of conversations with teachers in higher education reflecting on a diverse range of teaching issues. Includes links to online references from each episode. 
http://cat.xula.edu/food/topic/podcast/

See also Teaching Philosophy Statement and Teaching Portfolios on this website for further information on reflective practice.

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Links