These F&OD workshops are designed for faculty and academic administrators who want to learn more about leadership because they:

- Are exploring whether to pursue leadership and/or administrative roles in the future;
- Have leadership and managerial responsibilities for committees, large projects or labs;
- Wish to develop leadership skills;
- Aspire to (or currently have) external leadership roles in professional associations.

They are also designed to explore dimensions of academic life across the career span, such as work-life balance, career planning and managing transitions. Life in the academy is always changing, presenting us with new roles, opportunities and challenges. This workshop series is designed to support faculty and academic administrators as they traverse that ever-changing landscape.